



# STRENGTHENING OKLAHOMA FAMILIES

## EXTENSION

## Family and Consumer Science News

### OK County Monthly News

### Oklahoma Home & Community Education

President/Editor	Glenda Busby	413-3508
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Secretary	VACANT	
Treasurer	Paul Cunningham	215-3394
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#### CALENDAR OF ACTIVITIES

**01 Oct 2020:** 9:30 a.m. at Extension Conference Center Planning Meeting. County and Group Committee Chairs, County Officers Attend. - CANCELLED

**9 Oct 2020:** 2:00 p.m. Greenhouse and Teaching Garden Dedication – OSU Extension Center

**22 Oct 2020:** 9:30 a.m. at Extension Conference Center “DNA Testing: What is it and How Can it Work for You?” – Jan Beattie, OHCE Genealogy Group President

If you get calls from members wanting to register for the Zoom meeting, please give them this link:

<https://dasnr.zoom.us/meeting/register/tJltce6hpjggH93XsdTnYdIYR6aCK8hO894T>

**Thought for The Day:** Caring about the happiness of others, we find our own. -Plato

#### DEADLINE FOR Nov/Dec 2020

#### NEWSLETTER

Oct 15, 2020

#### Group Officer & Committees

County President, Glenda Busby is contacting County Committee Chairs. Groups – Please return your Committee Chairs’ Names and Group Officer Lists ASAP. The Yearbook Committee and State OHCE Office needs your information soon.

### OK County Extension Office

#### Address

2500 NE 63<sup>rd</sup> St  
Oklahoma City, OK 73111

#### Phone

405-713-1125

#### Email

Educator  
Lisa.Hamblin@okstate.edu

#### Website

Website for Extension Center:  
<https://extension.okstate.edu/oklahoma>

#### Website for OHCE:

<https://education.okstate.edu/index.htm>  
/fcs/ohce

#### Website for Genealogy

**Group:** [www.ohcegenealogy.com](http://www.ohcegenealogy.com)

#### Follow us on

Facebook.com/okcounty/osue  
xtension

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Deadline for Nov/Dec  
Newsletter Oct 15,  
2020

## PRESIDENT'S COLUMN



Happy Fall! I cannot believe another month has come and gone and I have not had the opportunity to see any of you! I am trying to get my new house and yard in shape for winter. My husband and I bought a house that had been vacant for an unknown number of years. It has been fun to watch plants, flowers and trees come back to life from being hidden under leaves and weeds so long. Just last week in the middle of our backyard two bunches of flowers poked out of the ground. Their beautiful reddish orange blooms were a sweet surprise and a nice hello to fall. I truly believe the former owner must have been a master gardener as I have SO many beautiful plants that only needed to have those leaves and weeds removed and be given some water. This part of moving has been fun!

October finds us preparing for the new year. I had the privilege of sitting in on the Zoom meeting as our FCS Educators planned the Education Lessons for 2021. I believe you will be pleased with the variety of topics. If you and your group has not already done so, you need to make sure you get your 2021 dues to our County Treasurer by the 23rd of the month.

If you have any ideas for the new year or would like to help out the county by filling one of our empty positions, please let either me or one of our Nominating Committee members know.

Enjoy the fall season!



### **2020 Memorial Service**

Jan Beattie

Our annual Memorial Service to honor our deceased members will be held during our Spring 2021 Luncheon. To date, I have received notification of the deaths of eight:

*Laura Robinson* from 3Es

*Barbara Kitchens* from Las Amigas

*Ray Ridlen*, Oklahoma County Extension Horticulturist

*Judith Irwin* from Genealogy Group

*Grace Otto* from NW Seekers/Council Grove and

*Sonja Frazier Wilson* from Learn and Serve and Modern Homemakers

*Mike Miller* from Genealogy Group

*Betty Geis* from Genealogy Group

If you have any photographs, special memories or anecdotes of any of the deceased, kindly let me know. *I am particularly in need of photos and information for Betty Geis.*

If your group has lost a member of which we are not aware, please let me know so they can be remembered during the service. I can be contacted by email at [jankb80@sbcglobal.net](mailto:jankb80@sbcglobal.net) or by phone (405) 513-4014. Thank you.

## **THE GENEALOGY GROUP**

**By Kathy Fetters**

The Genealogy Group met Wednesday, September 16th, at the Extension Center. We also invited people to join via ZOOM. Following our pledge to the flags, Jan Beattie read her Quick Tips on colonial slang terms. Those were quite interesting and can be found on our website. We learned of the passing of one of our members, Betty Geis passed at the age of 100 years and 9 months. As our custom, we will donate books to the Oklahoma History Center in her memory.

Our speaker was Sidney Clinton Holt. He inherited some papers from his family and read a description of an old cemetery where his great-great grandfather was most likely buried and wanted to find that cemetery. He traveled to the area and began talking to people who had lived in that region all their lives. That eventually led him to several people who remembered an old cemetery beside an old house. The house was gone and there was now no indication of a cemetery until a resident pointed out a flat stone in the middle of some trees and told him that was the old cemetery. Another person led him to what was left of the foundation of the old house, which turned out to be the house his great-great grandfather had built in 1834.

His family received permission to restore the cemetery and using cement markers they were able to mark 7 places that they believe were the resting places of his family. There are plans to find more graves through dousing. The area was cleared and a sign put up for the HOLT CEMETERY with a chain around the boundaries. It was truly a labor of love and respect for that family's pioneers.

Next month, Mr. Holt will share some the research techniques he used to connect to different families through a shared ancestor.

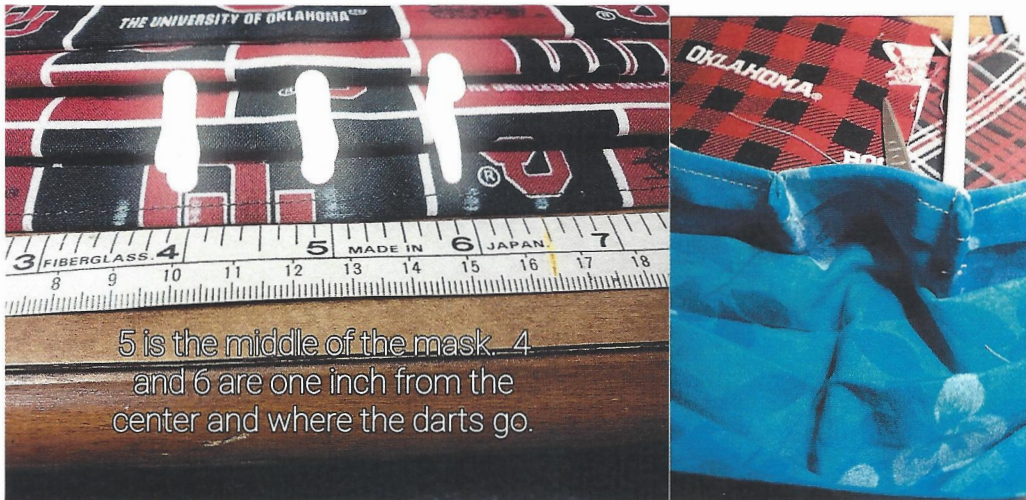


## Face Mask Pattern Update

3-E's

By Dee Sheperd

This is the instructions for making darts instead of using the wire for the nose piece in the face masks if you would like to try it. It is so easy and extremely comfortable. Fold the mask in half. Mark the middle. Make a dart 1 inch from the middle on both sides. It holds the mask on the nose without any wire. I just wanted to share this with you. Have an amazing day. Thank you.





## **OCT 2020 LEADER LESSON**

On October 22<sup>nd</sup> from 9:30 am until 10:30 a.m., OHCE will have an in person and Zoom workshop at the OSU Conference Center titled, "DNA Testing: What It Is and What It Can Do for You." Jan Beattie, President of the OHCE Genealogy Group will be presenting. Genealogy workshops are always popular, so please call the Extension Center & register if you plan to attend in person. Space is limited due to social distancing.

If you get calls from members wanting to register for the Zoom meeting please give them this link: <https://dasnr.zoom.us/j/731121402>

## **OHCE Annual Dues and Enrollment Forms**

County treasurer, Paul Cunningham has requested that OHCE group dues be mailed to him no later than Friday, October 23<sup>rd</sup>. Please mail checks payable to Oklahoma County OHCE. Paul's address is: 4057 NW 61<sup>st</sup> ST, OKC,

OK 73112-1402. If there are any changes to members' enrollment forms such as phone numbers or addresses, please send those corrections, too.

## **OHCE Groups Can Meet at Extension Center**

Any group that needs a larger space to have their monthly meeting, may use the Extension Conference Center. Please call Janet at 713-1125 to reserve the building.

The OSU Extension office received funds from OHCE in memory of Norma May. The money was spent to purchase signage for the OSU Extension Teaching and Demonstration Gardens. I hope everyone can make the October 9<sup>th</sup> dedication event. When you are at the Extension office, make sure you check out the signage in the gardens. One of the signs is in the children's garden area and the others are at the raised beds. Just to give you a sneak peak, below is what one of the signs says. When you are viewing the gardens, take your smart phone and use your camera to capture the QR codes to get more information!



## KEYHOLE GARDEN

This garden is constructed around an active compost pile in the center and has a step-in so you can add to the pile. Cost depends on materials and size but approximately \$150-\$200

Keyhole Garden Video



## OHCE INFORMATION

October 1st–November 6th

HATS, UNDERWEAR

HUGS

GLOVES, AND SOCKS



OSU EXTENSION  
OKLAHOMA COUNTY  
4-H YOUTH DEVELOPMENT

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Starting October 1st, Oklahoma County 4-H will kick off our Fall Service Project, H.U.G.S. (Hats, Underwear, Gloves, and Socks). We will be collecting these new clothing items across the county, with donation boxes at the Extension Office. Turn in your donations to the Extension Office by November 6th. Donations for kid sizes will go to Citizens Caring for Children, an organization that provides clothing and other necessities for foster families in Oklahoma. Adult items will be donated to The Homeless Alliance, an organization that provides opportunities for advancement to the housing insecure people of Oklahoma.





**OKLAHOMA COUNTY  
EXTENSION**

## SAVE THE DATE

Friday, October 9th, 2020

2 pm

Oklahoma County OSU Extension  
requests that you  
**SAVE THE DATE**  
for our:

### **Greenhouse and Teaching Gardens Dedication**

We will have a special, short Dedication Ceremony followed with refreshments to celebrate our new greenhouse, beautiful gardens, and the many volunteers who made it happen. Everyone is welcome and we hope to see you there!



2500 NE 63rd Street  
Oklahoma City, OK 73111  
405-713-1125



*Free Online Event!*

# LET'S COOK!

## FALL FOODS

TUESDAY, OCTOBER 29TH  
6-7PM

LET'S COOK! IS A FREE ONLINE PROGRAM WHERE YOU ARE THE COOK! PREPARE A TASTY FALL DINNER DISH IN YOUR KITCHEN ALONGSIDE TAYLOR CONNER, FCS EDUCATOR AND REGISTERED DIETITIAN. LEARN ABOUT COOKING TIPS THAT CAN INCREASE THE NUTRITION OF YOUR DISHES DURING MEALTIMES. RECIPE INGREDIENTS AND PRE-PROGRAM PREPARATION STEPS WILL BE PROVIDED SO YOU CAN FOLLOW ALONG IN MAKING A FUN FALL-THEMED ENTREE.

REGISTER ONLINE AT [CALENDAR.OKSTATE.EDU/OCES](https://calendar.okstate.edu/oces) AND SEARCH FOR "LET'S COOK! FALL FOODS"  
OR CALL 405.713.1125



OKLAHOMA COUNTY  
EXTENSION

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OKLAHOMA COUNTY  
EXTENSION



Metropolitan  
LIBRARY SYSTEM

FREE  
ONLINE  
EVENT!

# Get Cooking:

# COOKING FOR ONE OR TWO

PRE-REGISTRATION REQUIRED.  
REGISTER AT [METROLIBRARY.ORG](https://www.metrolibrary.org)

TUESDAY, OCTOBER 20TH  
6:30-7:30PM

Making a dinner you'll be eating alone can seem like a big effort with small reward; but it doesn't have to be difficult to cook tasty, nutritious meals for one or two people. Taylor Conner, Registered Dietitian with Oklahoma County OSU Extension, will share timesaving tips as well as menus and recipes for preparing meals that are delicious, inexpensive and healthy. Handouts and recipes included.

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